More Than One Way to Start Worksheet

Instructions:
When you’re stuck, choose one of these starting options:

* Easiest part
* Most interesting part
* Set up workspace (no “real” work yet)
* Outline or brainstorm, no sentences required
* Use a timer to commit to 5–10 minutes
* Tell a friend what you’re about to do (accountability)

Write your plan:

|  |
| --- |
| Task: |
| How I’ll start:  |
| When: |

|  |
| --- |
| Task: |
| How I’ll start:  |
| When: |

|  |
| --- |
| Task: |
| How I’ll start:  |
| When: |